



# COMET CHATTER

Penn Manor Alumni Association Newsletter / Spring 2015

## Alumni Banquet to Honor Distinguished Alumni Wall of Honor Inductees and All Alumni in the Field of Healthcare

At this year's alumni banquet we plan to give two special groups of alumni a resounding tribute. The first group is this year's inductees into the Distinguished Alumni Wall of Honor. Inductees to be honored are Kenneth L. Hackman ('55), Colleen Ortmann Kayden ('73), Tracy L. Goodman ('88) and Jennifer L. Sorensen ('92).

The second group to be recognized is comprised of all alumni who have chosen the field of healthcare for their career. If you have worked in this field we would love to give you an appropriate public thank you for your caring and dedication. Please join us!

Our banquet will once again be held at the Penn Manor High School cafeteria beginning at 5:00 p.m. on Saturday, April 18th. PMAA is holding the banquet price at \$15 per person. Anyone who does not receive a formal invitation in the mail may call 717-872-9520 (extension 1934) to request one or you can go to our website and download one at [www.pennmanor.net/alumni](http://www.pennmanor.net/alumni)

We are planning an evening of food, fun, and fellowship. There will be musical entertainment and a fast moving program. Let's make this another memorable banquet. Hope to see you there.



### Distinguished Alumni Wall of Honor Inductees



**Kenneth L. Hackman** graduated from Penn Manor High School in 1955. During high school, Ken was vice-president of the Photography Club and was referred to in the bio section of the yearbook as a "camera bug." He hoped one day to become a professional photographer. Sometimes dreams do come true! Last year Ken was awarded the prestigious Joseph A. Sprague Memorial Award by the National Press Photographers Association for his military photojournalism. Ken enlisted in the U.S. Air Force right out of high school in 1955. When his enlistment ended in 1960, he became an Air Force civil service photographer for the next three decades documenting military action around the globe. During his career, he photographed the Vietnam War, one of the last atom bomb detonations off Christmas Island in the South Pacific, eight Olympic Games, Bob Hope's USO tours and was the official photographer for Air Force One for 25 years. Ken founded the Air Force's photojournalism training program at Syracuse University in 1971 heading it until his retirement in 1995. Ken currently lives in Studio City, California.

**Colleen Ortmann Kayden** was a member of the Penn Manor High School Class of 1973. She was very active in high school playing field hockey and basketball and playing clarinet in the band for all four years and participating in many other school clubs and activities. Colleen graduated from Philadelphia College of Pharmacy. She is a past president of the Pennsylvania Pharmacists Association, past chairperson of the Lancaster Community Plan Board of Directors, and a founding board member of Linking Pharmacists to Improved Health Outcomes. In 2010, Colleen was named the 56th recipient of the Annual Alumni Award from Philadelphia College of Pharmacy. She has stayed local living in Conestoga and working at Williams Apothecary as well as consulting for several long-term care facilities in Lancaster County.



Inductees continued on next page...

**Tracy L. Goodman** is a 1988 graduate of Penn Manor High School. She was on the field hockey and track teams all four years of high school. She was also a member of the Spanish Honor Society. In the yearbook, Tracy said her future plans were to attend college, travel, "then work the rest of my life to pay for it all!" She graduated from Georgetown University Law Center and dedicated her legal career to serving families and children. Tracy got her wish to travel when she worked in Sao Paulo, Brazil for Microsoft as a Piracy Investigator and later for the American Center for International Labor Solidarity. She speaks Spanish and Portuguese. Returning to the United States in 2002, she went to work for the Children's Law Center in Washington, D.C. where she is currently the Director of Healthy Together. Tracy lives in Washington, D.C. with her husband and three children.



**Jennifer L. Sorensen** graduated from Penn Manor High School in 1992. She was a member of the Penn Points staff and served as Art Editor in her senior year. Jen also played in the orchestra for all four years. Her future plans (according to the yearbook) were "To make my life a Magical Mystery Tour, find Penny Lane, ride a Yellow Submarine, avoid Maxwell's Silver Hammer, and walk through Strawberry Fields Forever." Jen attended University of Virginia studying cultural anthropology. She drew cartoons for college publications. In 2014, she won the Herblock Prize for excellence in editorial cartooning. Jen is the first woman to receive the prize. Her editorial cartoons appear in 20 alternative newspapers and have appeared in a number of national publications. Jen was a previous recipient of the 2013 Robert F. Kennedy Journalism Award and the 2013 National Cartoonists Society Award for Editorial

Cartoonists. Jen and her husband live in Austin, Texas.

## Inspiration from Class of '64 Alum

Back in the fall of 2012 Lloyd Byers was at one of those crossroads in life experiences. That is when he was informed he had been selected for induction into Penn Manor's Athletic Wall of Honor for his extraordinary career in Penn Manor sports. It was a moment of ambivalence. Although this honor filled him with pride, Lloyd weighed 440 pounds at the time and dreaded the night of January 4, 2013 when he would be introduced in front of family, friends and many induction ceremony attendees



Lloyd's job demanded long hours and both of his knees had required replacement surgery. His life involved less and less movement and his diabetes required so much medication that kidney damage started to occur. His friend and long time coach, Dave Neff, urged him to exercise by "pushing himself away from the dinner table."

Lloyd knew he was running out of options and with the support of his family, especially his wife Sandy, he made one of his life's toughest redirections and committed to an exercise program, a complete diet restructuring and professional counseling. Then on October 29, 2012 he underwent gastric bypass surgery. It has been a very tough journey since that time; however, to date Lloyd has lost 220 pounds and has gone from a 60 inch waist down to 40 inch-

es. His kidneys are functioning great, the diabetes has disappeared and he is off his medications.

Lloyd currently walks in the woods with his family, full of energy and thankful to God for each and every active day of his new life. He hopes his success will be an inspiration to fellow alumni who may be battling weight gain and PMAA thanks him for sharing his wonderful story.



# More Alumni in the News

## Mary Haverstick, Class of 1978

In 2014, Mary Haverstick, a Lancaster filmmaker, started a group called Respect Amish. Her campaign against the misrepresentation and exploitation of the Amish was triggered by reality TV shows such as “Amish Mafia” and “Breaking Amish.” In a Lancaster Newspaper article Haverstick asked, “Is this kind of production something we as a community want to support anymore? Is this really how the Amish are? How would you feel if your family group or church were being represented like this? Is this good for Lancaster?” While many people in Lancaster may consider these “Amish-sploitation” shows nonsense, Haverstick worries that people outside the area believe what they see on TV. Haverstick’s “Respect Amish Movement” was voted as #7 in the “Top Ten Stories of 2014” by LNP as noted in their December 28, 2014 Year in Review.



## Krystle (Charles) Black, Class of 2001



In 2011, Krystle Black partnered with Melody Sanders to form the Pet Pantry of Lancaster County. Their mission statement explains that Pet Pantry is a 501(c)3 nonprofit organization working to help avoid the surrender of a family pet due to the lack of resources to feed and care for them. The Pet Pantry wants to lend a temporary hand to ease the burden, whether the cause is from trying economic times, health, or emergency related circumstances. It is more evident than ever before that our pets not only bring us companionship and love but they are sometimes our only source of comfort when facing hardship. The Pet Pantry works in cooperation with local animal organizations to do what they can to keep family pets where they should stay - in their forever home.

According to Krystle, "I've had the opportunity to be involved with the Pet Pantry of Lancaster since its inception, as one of the founding members. The Pet Pantry has become larger than I imagined and continues to grow at an exponential rate! We started out with the basics; helping people feed their pets to keep them in their forever homes. Now we offer low-cost spay/neuter clinics, a thrift shop for pet supplies and a small rescue. The success would not have been possible without the overwhelming support of the community. It's the ongoing contributions of those around us that make everything possible!" Check out their website to learn about volunteer opportunities, how to donate food and needed supplies, and where to apply if you need help.

## Ryan Lawrence, Class of 2004

State Trooper, Ryan Lawrence, was featured in several Lancaster Newspaper articles and TV interviews in the fall of 2014 during the lengthy search for fugitive, Eric Frein, who shot two officers outside their police barracks in a September 12 ambush. Lawrence made three trips to Pike and Monroe counties during the search for the shooter who killed one of the officers. Lawrence stated, “We're doing it for Cpl. Dickson's family. And to bring a sense of normalcy back to that area.”

After graduating from the academy in 2007, Lawrence first worked for Southern Regional police before moving to the local state police barracks on Route 30. He has also served as Camp Cadet Director of the overnight summer camp, a non-profit charity for kids in Lancaster County. Trooper Lawrence is currently serving as the Public Relations Officer, Troop J, in Lancaster.



## Memorial Gifts

### Donors:

Ernest Doerschuk  
Doris Good  
P. Robert Herr  
Jeannine Murry  
Sam Stayer  
Nancy Weiss

### In Memory of:

Larry "Smoke" Sangrey  
Mary Catherine Hess Good  
Richard Barr  
Freeda Murry  
Harold Wild  
Derek Weiss

## In-Kind Gifts

### Donors:

Ann Warner Van Dyke, PM 1964  
J. Melvin Witmer, PM 1946

### Item:

Sheet music & poetry books  
Decades of PM yearbooks

## New Lifetime Members

PMAA's Lifetime Members are key alumni and friends of the association, who have made the commitment to keep our association strong for many years to come. We salute the following individuals who have made this commitment in recent months:

Name	Penn Manor Class
Steven M. Geist	1993
Martha Finney Herr	1960
Robert C. Herr II	1981
C. Willis Herr	1960
Jeanette Shoff Mateer	1943
Dale L. Miller	1952
Samuel J. Walker	1964

## PMAA Meetings

The **Tuesday, April 7, 2015 meeting** will be held at 6:30 p.m. in the alumni room in the high school library (enter at the Central Complex near the new gym). This will serve as the annual meeting of PMAA. Please call with any questions: 717-872-9520 extension # 1934

## Executive Committee

Melissa Detz Ostrowski - President, Class '88  
Frank T. Geist - Vice President, Class of '63  
Judy Herr Duke - Treasurer, Class of '79  
Gillian Graham - Recording Secretary, Class of '07  
Dolores Hippey Warfel - Corresponding Secretary, Class of '60  
Cindy Duncan LaMaster - Archivist, Class of '74  
Fred Wilds - Immediate Past President, Class of '61  
Cindy Brown Rhoades - Editor, Class of '76

## Mission

The mission of the Penn Manor Alumni Association is to support, inform, and maintain communications with our alumni, encouraging them to play an active role in PMAA, support our alma mater, and remain part of the Penn Manor family.

Learn more about the  
Penn Manor Alumni Association  
Visit our website at [www.pennmanor.net/](http://www.pennmanor.net/) alumni  
and on Facebook

# Penn Manor Homecoming 2014



The weatherman again delivered appropriate football weather for Friday night, October 10, as Penn Manor celebrated Homecoming 2014 with a long list of activities. Your alumni association again supplied a hub for returning alumni (thank you for the great tent, Bob Herr, Class of 1981). While some alumni caught up on PM news and greeted old classmates and friends, PMAA also distributed free PM blue scarves and signed up alums for the many raffle prizes made available by generous alumni and PMAA friend, Agape Care.

This year's

Homecoming Queen winner was decided by who in the Homecoming court raised the most money for her favorite non-profit organization. Allie Ames was crowned Penn Manor Homecoming Queen for raising an impressive \$2,268 for the Penn Manor Family Fund. The court raised over \$7,000 for various local charities. Congratulations to all who helped make this fundraising event such a success.

