

Cross Country
Boys Varsity

			Place	Time
Tuesday	09/06/22	Manheim Township HS (vs MT and CC)	Away	4:45 PM
Tuesday	09/13/22	Conestoga Valley (vs CV and McCaskey)	Away	4:45 PM
Tuesday	09/27/22	vs Lebanon and Warwick Lebanon High School Penn Manor Warwick Senior High School	Home	04:45 PM
Tuesday	10/04/22	Hempfield High School	Away	04:45 PM
Saturday	10/08/22	Gettysburg XC Invitational Gettysburg Area High School OPEN Penn Manor	Away	8:30 AM
Tuesday	10/18/22	LL League Championship @ Ephrata Ephrata High School OPEN Penn Manor	Away	4:00 PM
Saturday	10/29/22	District III Cross Country Championships @ Big Big Spring School District OPEN Penn Manor	Away	TBA
Saturday	11/05/22	PIAA State X-C Championship @ Parkview Hershey High School OPEN Penn Manor	Away	TBA

Boys Freshman

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Tuesday	09/06/22	Manheim Township HS (vs MT and CC)	Away	4:15 PM
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Tuesday	09/27/22	vs Lebanon and Warwick Lebanon High School Penn Manor Warwick Senior High School	Home	04:15 PM
Tuesday	10/04/22	Hempfield High School	Away	4:15 PM
Saturday	10/15/22	Iron Bridge Invitational @ LMH Lancaster Mennonite HS OPEN Penn Manor	Away	9:00 AM

Girls Varsity

			Place	Time
Tuesday	09/06/22	Manheim Township HS (vs MT and CC)	Away	5:15 PM

Cross Country
Girls Varsity

			Place	Time
Tuesday	09/13/22	Conestoga Valley (vs CV and McCaskey)	Away	5:15 PM
Tuesday	09/27/22	vs Lebanon and Warwick Lebanon High School Penn Manor Warwick Senior High School	Home	05:15 PM
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Pat Tocci