

Saturday, April 17

John Waggoner Invitational (Solanco) or Shippensburg HS Invitational

FACING MANY CHALLENGES in the COLD

Today was an opportunity for many of our throwing athletes: 5 girls and 7 boys attended the Solanco invitational, while 4 girls qualified for the Shippensburg Invitational. This was the largest team of girl-throwers we have ever qualified.

*SOLANCO*JOHN WAGGONER*

At Solanco, sophomore LAURA WISSLER earned FIRST place (10 points) in the SHOT PUT with a new personal record of 34' 5.5" Junior SAM ESHLEMAN earned SIXTH place (1 point) with a throw of 28' 7.75" And Karla Mylin just missed finals with her throw of 27' 2.75"

LAURA'S PR changes the honor roll up a bit (from bobtrump.com) PM is now #2, 4, 6 in the shot put

Shot Put	Bailey Groves	WAR	38' 2.50"	
	Laura Wissler	PM	34' 5.5"	
	Rachelle Wiegand	MC	34' 3.0"	
	Sarah Conner	PM	33' 11.0"	
	Kayla Soders	HEMP	33' 10.0"	
	Becca Conner	PM	33' 4.25"	

In the discus, sophomore JESS HUBER earned THIRD place (6 points) with a new personal record of 92' 11" and sophomore MEGAN HAINES earned SIXTH (1 point) with a throw of 83' 11."

Girls throwers score 18/31 team points at Solanco. That's 58% of the team points!

Junior Teon Lee just missed finals in the shot put and discus. Senior Eddie Irwin was behind Lee in the shot with a new personal record of 40' 2" In the JAVELIN, senior AARON FREDERICK placed FIRST (10 points) with a throw of 162' 10" Senior ERIK KLUGH placed FOURTH (4 points) with a throw of 147' 2" **The Boys Throwers earned 14/102 team points at Solanco.** These are important points as the 2nd place team was just 10 points behind us.

THE BOYS WON THE 2009 JOHN WAGGONER TITLE BY PLACING 1st among 13 other teams!!

84th SHIPPENSBURG HS INVITATIONAL

While all athletes had to battle the bitter wind and cold, the Shippensburg athletes had to go "neck-and-neck" with former district and state finalists. The competition was intense. Senior Becca Conner threw 31' in the shot put and ended 15th/28 athletes. Becca was originally seeded 27th/28th, so she improved her standing by the end of the meet. Sophomore Sarah Conner ended 19th/28 athletes. The winning throw was over 38'!

In the discus, junior Sarah Conner just missed finals with her throw of 99' 4" Sarah was originally seeded 17th/26 qualifying athletes, but she improved her performance and finished 10th/26. Senior/co-captain CARENNA NEELY placed 7th (2 points) with a throw of 105' 7" Junior HELEN DOOLITTLE placed 4th (5 points) with a new personal record of 110' 5" The winning throw was over 130'!

HELEN'S PR changes up the honor roll a bit (from bobtrump.com) PM is now #2, 3, 4, 6 in discus

Discus		Sarah Fairbanks	ET	120' 2"	
		Carena Neely	PM	119' 9"	
		Helen Doolittle	PM	110' 5"	
		Kami Mylin	PM	107' 5"	
		Bailey Groves	WAR	105' 5"	
		Sarah Conner	PM	102' 7"	