



In three 2-hour sessions, parents and teens work together (guided by a COBYS Family Life Educator) to complete the online program and family activities. Each family receives a workbook and individualized instruction based on their selected needs.

Parenting Wisely (3R's) for Parents & Youth

(for parents and children ages 11-18)

Invest in yourself and your family
and see immediate results!

A Highly Interactive Family Education Online Program

Learn constructive skills proven to lessen drug and alcohol abuse in youth, school and homework problems, delinquency, other problem behaviors, family conflict, and more.

A court-approved alternative adjudication
program in Lancaster County.



Families will learn to:

- Strengthen family and school bonds;
- Enhance family communication;
- Help teens develop responsibility;
- Establish family policies against problem behaviors, including truancy, violence, drug and alcohol use, etc.;
- Develop mutual support.

2015 Schedule

COBYS Family Life Center
171 East King Street, Lancaster
Wednesdays, 6:00 –8:00 p.m.

July 15, 22, 29
August 5, 12, 19
October 7, 14, 21
December 2, 9, 16

Ephrata Church of the Brethren
Mondays, 6:00-8:00 p.m.

June 1, 8, 15
August 24, 31, September 14
October 5, 12, 19
November 30, December 7, 14

Cross Connection Ministries
New Holland
Mondays, 6:00-8:00 p.m.

July 27, August 3, 10
October 26, November 2, 9

Mechanic Grove Church of the Brethren
Quarryville
Tuesdays, 6:00-8:00 p.m.

July 7, 14, 21
October 6, 13, 20

Call COBYS Family Life Center at 717-435-8139 to register!

An interpreter is available upon request.

The 3R's: Parenting Wisely for Parents and Youth program is provided by COBYS Family Services with funding from the PA Department of Health through the Lancaster County Drug and Alcohol Commission and The Lancaster County Children & Youth Social Service Agency.

COBYS Family Life Center • 171 East King Street, Lancaster, PA 17602 • 717.435.8139 • www.cobys.org