



JULY 25-28, 2023

GIRL'S LEADERSHIP CAMP

For ages 11-17

With interactive games, projects, and other activities, this camp will focus on:

❖ **Communication**

Learning about what to say when faced with difficult situations, positive ways of standing up for yourself (ex. while remaining kind), and other assertive communication

❖ **Interpersonal Strength**

How to be authentic and positive in different situations

❖ **Healthy Relationships/Socialization**

Positive, appropriate personal boundaries, discussions of social media

❖ **Exploring Goal Setting, Future Aspirations:**

What types of goals do you have for your life? What is one thing you want to do in the future?



Learn about your unique strengths and how to share them with the world.



Become comfortable with you, by yourself and when with others.



PENNSYLVANIA MASONIC YOUTH FOUNDATION

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